



Centre Name: Dundas Lions Memorial Community Centre
Address: 10 Market St S
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – SPRING 2024 – APRIL 1, 2024 – JUNE 30, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Parent & Tot) 10:00am-12:00pm FREE in partnership with EarlyOn	Open Gym (Parent & Tot) 9:30am-11:30am FREE in partnership with EarlyOn	Pickleball (18+) 1:30pm-3:30pm	Badminton (55+) 12:30pm-2:30pm	Pickleball (55+) 12:30pm-4:30pm	Open Gym (Family) 11:00am-12:30pm	Volleyball (18+) 11:00am-1:00pm
Pickleball (55+) 12:30pm-4:30pm	Badminton (55+) 12:30pm-2:30pm	Open Gym (Family) 3:45pm-5:15pm FREE	Badminton (18+) 2:30pm-4:30pm		Pickleball (18+) 1:00pm-3:00pm	
	Badminton (18+) 2:30pm-4:30pm	Pickleball (18+) 5:30pm-7:30pm				

NOTES: Centre will be Closed April 1, 2024 (Easter Monday) and May 20, 2024 (Victoria Day)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.