



Centre Name: Main Hess Seniors Activity Club
 Address: 200 Jackson St. W, Hamilton
 Phone: 905-546-3747
 Email: recreation@hamilton.ca

For real time program info:
hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE – SPRING 2024 – APRIL 1, 2024 – JUNE 30, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Closed	Social Time FREE (Main Room) 1:30-3:30pm	Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm	Closed	Closed
		Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm				

NOTES: Main Hess Seniors’ Activity Club is within a City Housing Hamilton Apartment Building

*Funded in partnership with the Ministry
 for Seniors and Accessibility*

