

REDUCE THE SPREAD OF COVID-19

WASH YOUR HANDS



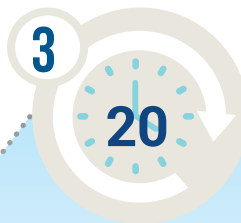
1
Wet hands with
warm water



6
Turn off tap
using paper towel



2
Apply
soap



3
For at least
20 seconds, make
sure to wash



4
Rinse
well



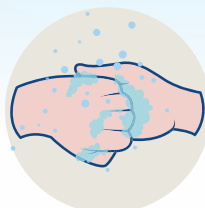
5
Dry hands well
with paper towel



palm and back
of each hand



between fingers



under nails



thumbs