



Centre Name: Central Memorial Recreation Centre
Address: 93 West Ave. S.
Phone: 905 546 3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – SUMMER 2024 – July 2, 2024 – September 1, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 10:30am-1:30pm	Open Gym (Family) 9:45-11:15am	Basketball (18+) 5:00-7:00pm	Basketball (18+) 11:30am-1:30pm		Basketball (18+) 9:00-11:00am	Pickleball (18+) 11:30am-2:30pm
Volleyball (16+) 4:45-6:45pm	Basketball (18+) 11:30am-1:30pm		Open Gym (Family) 6:15-7:15pm		Open Gym (Family) 11:15am-12:15pm	
Volleyball (16+) 7:00-9:00pm	Bridge (55+) 12:00-4:00pm				Bridge (55+) 12:00-4:00pm	
	Badminton (16+) 5:00-8:00pm				Badminton (16+) 12:30-2:00pm	

NOTES: Centre will be Closed July 1, 2024 (Canada Day), August 5, 2024 (Civic Holiday) and September 2, 2024 (Labour Day)
 Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.