



Centre Name: Dundas Lions Memorial Community Centre **For real time program info:**
Address: 10 Market St S hamilton.ca/gym
Phone: 905 546 2424 x2260



GYM SCHEDULE – SUMMER 2024 – July 2, 2024 – September 1, 2024				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Open Gym (Parent & Tot) 9:30am-11:30pm FREE iEarlyOn	Open Gym (Parent & Tot) 9:30am-11:30pm FREE EarlyOn	Pickleball (18+) 1:30pm-3:30pm	Badminton (55+) 12:30am-2:30pm	Pickleball (55+) 12:30pm-2:30pm
Pickleball (55+) 12:30pm-2:30pm	Badminton (55+) 12:30am-2:30pm	Open Gym (Family) FREE 3:45pm-5:15pm	Badminton (18+) 2:30-4:30pm	Pickleball (55+) 2:30pm-4:30pm
Pickleball (55+) 2:30pm-4:30pm	Badminton (18+) 2:30-4:30pm		Pickleball (18+) 4:45pm – 6:45pm	
			Volleyball (18+) 7:00pm-9:00pm	

NOTES: Centre will be Closed July 1, 2024 (Canada Day). Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

