



**Name:** Parkdale Outdoor Pool  
**Address:** 1770 Main St. E, Hamilton  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/swimming](https://hamilton.ca/swimming)



<b>SWIMMING SCHEDULE – SUMMER 2024 – July 2, 2024 – September 1, 2024</b>							
<b>PROGRAM</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Open Swim</b> (Whole Pool)	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm	12:30-2:00 pm 2:15-3:45 pm 5:15-6:45 pm
<b>Length Swim</b> (3 lanes)	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm
<b>Open Swim 18+</b> (Shallow Water Only)	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm	4:00-5:00 pm

**NOTES: Centre will be Open for regular programming on July 1, 2024 (Canada Day), August 5, 2024 (Civic Holiday) and September 2, 2024 (Labour Day)**

**For information on swim admission criteria and supervision requirements:**

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>