



Name: Westmount Recreation Center
Address: 35 Lynbrook Drive
Phone: 905-546-3747

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – SUMMER 2024 – July 2, 2024 – September 1, 2024							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths Swim	6:30-8:30am 11:00-1:00pm 7:45-8:45pm	11:00-1:00pm 6:45-8:45pm	6:30-8:30am 11:00-1:00pm 7:45-8:45pm	11:00-1:00pm 6:45-8:45pm	6:30-8:30am 11:00-1:00pm	8:00-12:00pm	11:30-2:30pm
Open Swim (Both Pools & Waterslide)					6:45-8:00pm	12:30-2:00pm	2:45-4:15pm
Open Swim (Leisure Pool)	6:45-7:45pm		6:45-7:45pm				
Open Swim (1/2 Lap & Leisure Pool)	6:30-7:30am 12:00-1:00pm	12:00-1:00pm 6:45-7:45pm FREE	6:30-7:30am 12:00-1:00pm	12:00-1:00pm 6:45-7:45pm	6:30-7:30am 12:00-1:00pm		11:30-1:00pm
Open Swim Adapted (Both Pools)							10:15-11:15am
Open Swim Adapted (Leisure Pool)		1:00-2:00pm		1:00-2:00pm			
Open Swim 18+ (Leisure Pool)	7:45-8:45pm		7:45-8:45pm				
Open 18+ (1/2 Lap & Leisure Pool)		7:45-8:45pm		7:45-8:45pm		10:30-12:00pm	1:00-2:30pm
Open 18+ (Lap Pool)		11:00-12:00pm		11:00-12:00pm			
Open Swim Parent & Tot (Leisure Pool)	11:00-12:00pm		11:00-12:00pm		11:00-12:00pm	9:15-10:30am	
Open 55+ (1/2 Lap & Leisure Pool)	7:30-8:30am		7:30-8:30am		7:30-8:30am		
Open 55+ (Leisure Pool)						8:00-9:15am	
Waterfit	11:00-11:45am 7:45-8:30pm		11:00-11:45am 7:45-8:30pm		11:00-11:45am	8:00-8:45am	

NOTES: Centre will be Closed July 1, 2024 (Canada Day), August 5, 2024 (Civic Holiday) and September 2, 2024 (Labour Day)

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>