



Centre Name: Bennetto Recreation Centre
Address: 451 Hughson Street. North
Phone: 905 546 3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – SUMMER 2024 – July 2, 2024 – August 24th, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cardio, Balance & Strength (55+) 10:00am – 11:00am \$3.05 per visit	Open Gym (Parent & Tot) 10:30am-12:00pm	Open Gym (13-17years) 7:00pm-8:30pm	Open Gym (Parent & Tot) 10:30am-12:00pm	Cardio, Balance & Strength (55+) 10:00am – 11:00am \$3.05 per visit	Open Gym (Family) (Free) 12:00pm – 1:30pm	
Open Gym (9-12 Years) 5:30pm-7:00pm			Pickleball (18+) 12:30pm-2:30pm	Open Gym (9-12 Years) 5:15pm-6:45pm		
Open Gym (13-17years) 7:00pm-8:30pm			Open Gym (Family) 5:00pm-6:30pm	Open Gym (Family) 7:00pm-8:30pm		
			Pickleball (18+) 6:45pm – 8:45pm			

NOTES: Centre will be Closed July 1, 2024 (Canada Day), August 5, 2024 (Civic Holiday) and September 2, 2024 (Labour Day). Bennetto will be closed August 26 through to September 16, 2024 for annual maintenance shutdown. Centre will re-open Tuesday September 17, 2024.

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>

