



Name: Hill Park Recreation Centre
Address: 305 South Bend Rd. E
Phone: 905-546-3747

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – SUMMER 2024 – July 2, 2024 – September 1, 2024							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+	8:30-9:45am 11:00-12:30pm 7:15-8:15pm		8:30-9:30am 8:15-9:15pm				
Waterfit	9:45-10:30am						
Open Swim			7:15-8:15pm (FREE)				
Length Swim	8:30-9:30am 7:15-8:15pm		8:30-9:30am 8:15-9:15pm				
Open Swim 18+ (Female Only)				8:15-9:00pm			
Open Swim (Female Only)				7:30-8:15pm			

NOTES: Centre will be Closed July 1, 2024 (Canada Day), August 5, 2024 (Civic Holiday) and September 2, 2024 (Labour Day)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>