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For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – FALL 2024 – September 3, 2024 – December 22, 2024							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Length Swim (4 lanes) Open Swim 18+ (1 lane)	6:30-8:15 am 8:00-9:15 pm	6:30-8:15 am	6:30-8:15 am 8:00-9:15 pm	6:30-8:15 am	6:30-8:15 am 7:45-9:15 pm	6:30-8:00 am 12:15-1:45 pm	6:30-8:15 am
Water Fit	9:00-9:45 am 10:00-10:45 am 7:10-7:55 pm	9:00-9:45 am	9:00-9:45 am 10:00-10:45 am 7:10-7:55 pm	9:00-9:45 am	9:00-9:45 am 10:00-10:45 am	11:15-12:00 pm	
Open Swim 18+	11:00-12:25 pm	11:00-12:25 pm	11:00-12:25 pm	11:00-12:25 pm	11:00-12:25 pm		
Open Swim						2:00-3:45 pm FREE	
Length Swim	12:30-1:30 pm	12:30-1:30 pm	12:30-1:30 pm	12:30-1:30 pm	12:30-1:30 pm		

NOTES: Centre will be closed October 14, 2024 (Thanksgiving)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>