



Centre Name: Hill Park Recreation Centre
Address: 305 South Bend Road East
Phone: 905-546-3747

For real time program
info:
hamilton.ca/gym



GYM SCHEDULE – FALL 2024 – October 7, 2024 – December 22, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (13-17) 8:00pm-9:00pm		Badminton (Family) 6:00pm-7:00pm	Badminton (18+) 7:45pm-8:45pm	Open Gym (Family) 6:00pm-7:15pm	Open Gym (all ages) 9:30am-11:30am	
		Badminton (18+) 7:15pm-9:00pm		Open Gym (13-17) 7:30pm-9:00pm	Open Gym (Family) 11:45am-1:30pm	

NOTES: Centre will be Closed October 14, 2024 (Thanksgiving)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

Gym programs start October 7, 2024