



Centre Name: Main Hess Seniors Activity Club  
 Address: 200 Jackson St. W, Hamilton  
 Phone: 905-546-3747  
 Email: [recreation@hamilton.ca](mailto:recreation@hamilton.ca)

For real time program info:  
[hamilton.ca/recreation55](http://hamilton.ca/recreation55)



OLDER ADULT (55+) SCHEDULE – FALL 2024 – September 3, 2024 – December 22, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Railroad Euchre</b> \$1.00 (Main Room) 5:00-8:00pm	<b>Social Time</b> FREE (Main Room) 1:30-3:30pm	<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Friday Night Dinners</b> \$6.00 Starting October 4 (Main Room) 3:00-5:00pm	<b>Bingo</b> \$0.15 a card (Main Room) Starting October 5 6:00-9:00 pm	<b>Closed</b>
<b>KWANIS Bingo</b> (Main Room) 6:00-9:00pm	<b>Mandarin Social</b> FREE 3:00-6:00pm 181 Jackson St- Kitchen		<b>Railroad Euchre</b> \$1.00 Ending Sept 26 (Main Room) 5:00-8:00pm	<b>Railroad Euchre</b> \$1.00 (Main Room) Starting October 4 5:30-8:30pm		

**NOTES:** Main Hess Seniors’ Activity Club is within a City Housing Hamilton Apartment Building

- Kwanis Bingo tickets need to be purchased offsite (please contact Kwanis bingo on where to purchase tickets [kiwanishamilton.com](http://kiwanishamilton.com) or call 905-730-7570)
- Friday night dinner menu can be found onsite (bulletin board outside of room)
- **Oct 11 and Dec 20-** No Dinners or Euchre
- **Oct 12 and Dec 21-** No Bingo

*Funded in partnership with the Ministry for Seniors and Accessibility*

