



Centre Name: Winona Community Centre
Address: 255 Winona Rd.
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – FALL 2024 – September 3, 2024 – December 22, 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 3:15-4:45pm	Pickleball (18+) 2:30-4:45pm	Pickleball (18+) 9:30am-12:00pm	Open Gym (Parent & Tot) 1:45-2:45pm FREE In partnership with EarlyON	Pickleball (18+) 9:00-10:30am	Open Gym Family (All Ages) 1:00-2:30pm	Basketball (18+) 9:15-10:45am
Volleyball (16+) 7:30-9:00pm	Game Time Family (All Ages) 5:30-7:30pm	Volleyball (13-17yrs) 3:00-4:30pm Free	Pickleball (18+) 3:15-4:45pm	Open Gym (Parent & Tot) 11:00am-12:00pm FREE In partnership with EarlyON		
	Volleyball (16+) 7:30-9:00pm	Game Time Family (All Ages) 5:30-7:30pm	Tai Chi (55+) 6:15-7:15pm \$3.05 admission	Basketball (13-17yrs) 5:00-8:00pm		
			Basketball (18+) 7:30-9:00pm	Youth Room (12-17yrs) 5:00-8:00pm		

NOTES: Centre will be Closed October 14, 2024 (Thanksgiving)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

Game Time/Youth Room start the week of October 7

Tai Chi 55+ begins October 10 and ends on December 5

Pickleball 18+ is canceled on September 20