



Name: Dalewood Recreation Centre
Address: 1152 Main Street W
Phone: 905-546-3747

For real time program info:
 hamilton.ca/swimming



SWIMMING SCHEDULE – HOLIDAY 2024 – December 23, 2024 – January 5, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+	11:00 – 12:00pm 8:15 – 9:15pm (3 lanes)	11:00 – 12:00pm 8:15 – 9:15pm (3 lanes)		11:00 – 12:00pm		1:00 – 2:00pm	CLOSED
Open Swim 55+		9:45 – 10:45am		9:45 – 10:45am			
Open Swim		7:15 – 8:15pm FREE				2:00 – 3:30pm	
Length Swim	9:15 – 10:45am 8:15 – 9:15pm (2 lanes)	8:15 – 9:15pm (2 lanes)			7:15 – 8:30pm	11:45 – 12:45pm	
Family Swim					6:00 – 7:00pm		
Open Swim- Women’s Only					4:30 – 5:45pm		

**NOTES: Centre will be Closed December 25, 2024 (Christmas), December 26, 2024 (Boxing Day) and January 1, 2025 (New Years Day).
 Centre will be closed at 4pm on December 24, 2024 and December 31, 2024**

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-to-do/recreation/customer-service/swimming-policies-guidelines>