



Centre Name: Dundas Lions Memorial Community Centre
Address: 10 Market St. S
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – HOLIDAY 2024 – December 23, 2024 – January 5, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Parent & Tot) 10:00am-12:00pm FREE in partnership with EarlyOn	Open Gym (Parent & Tot) 10:00am-12:00pm FREE in partnership with EarlyOn	Closed December 25 and January 1	Badminton (55+) 12:30pm-2:30pm	Pickleball (55+) 1:00pm-3:00pm	Open Gym (Family) 11:30am – 1:30pm FREE	Open Gym (13-17) 9:00-10:30am
Pickleball (55+) 1:00pm-3:00pm	Badminton (55+) 12:30pm-2:30pm		Badminton (18+) 2:30pm-4:30pm	Pickleball (55+) 3:00pm-5:00pm	Pickleball (18+) 2:00-4:00pm	Volleyball (18+) 11:00am-1:00pm
Pickleball (55+) 3:00pm-5:00pm	Badminton (18+) 2:30pm-4:00pm		Pickleball (55+) 5:00pm-7:00pm			
			Pickleball (18+) 7:00pm-9:00pm			

NOTES: Centre will be Closed December 25, 2024 (Christmas), December 26, 2024 (Boxing Day) and January 1, 2025 (New Years Day).

Centre will be closed at 4pm on December 24, 2024 and December 31, 2024

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.