



**Name:** Hill Park Recreation Centre  
**Address:** 305 South Bend Rd. E.  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/swimming](https://hamilton.ca/swimming)



SWIMMING SCHEDULE – HOLIDAY 2024 – December 23, 2024 – January 5, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 18+ (*Combined with Length Swim)	*8:00-9:45am *7:30-9:00pm 11:00-12:30pm					*12:00-1:30pm	
Length Swim (4 lanes)	8:00-9:30am 7:30-9:00pm					12:00-1:30pm	
Waterfit	9:45-10:30am						
Open Swim						1:30-3:00pm FREE	
Open Swim (Female Only)				7:00-8:00pm			
Waterfit (Female Only)				8:00-8:45pm			

**NOTES: Centre will be Closed December 25, 2024 (Christmas), December 26, 2024 (Boxing Day) and January 1, 2025 (New Years Day).  
 Centre will be closed at 4pm on December 24, 2024 and December 31, 2024**

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>