



Centre Name: Main Hess Seniors Activity Club
Address: 200 Jackson St. W, Hamilton
Phone: 905-546-3747

For real time program info:
hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE – HOLIDAY 2024 – December 23, 2024 – January 5, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Closed	Closed	Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Closed	Closed	Closed

NOTES: Centre will be Closed December 25, 2024 (Christmas), December 26, 2024 (Boxing Day) and January 1, 2025 (New Years Day).

Kwanis Bingo, Regular Bingo, Railroad Euchre, Mandarin Social and Wednesday Social will resume in the new year.

Main Hess Seniors’ Activity Club is within a City Housing Hamilton Apartment Building

- Food Markets have been put on hold until further notice

Funded in partnership with the Ministry for Seniors and Accessibility

