



Centre Name: Valley Park Community Centre
Address: 970 Paramount Dr
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – HOLIDAY 2024 – December 23, 2024 – January 5, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 9:00am-1:00pm No Open Gym: December 30th	Badminton (18+) 10:45am-12:45pm		Pickleball (18+) 11:00am-3:00pm	Open Gym (adapted) 12:30pm-2:00pm No Open Gym: December 27th	Basketball (18+) 12:00pm-2:00pm	Open Gym (Family) 12:00pm-1:30pm
Open Gym (Family) 2:00pm- 4:30pm No Open Gym: December 30th	Open Gym (Parent & tot) EarlyON 1:00pm-3:00pm			Open Gym (All Ages) 2:30pm-4:00pm Every Other Week Only No Open Gym: December 27th	Open Gym (Family) 2:15pm- 4:15pm	Open Gym (9-12yrs) 2:00pm-3:30pm
Open Gym (13-17yrs) 4:45 pm-6:45pm No Open Gym: December 30th	Basketball (13-17yrs) 8:00pm-9:30pm			Open Gym (Family) 4:00pm-6:00pm No Open Gym: December 27th		
Badminton (18+) 7:00pm-9:15pm				Basketball (13-17yrs) 6:15pm-8:15pm		

NOTES: Centre will be Closed December 25, 2024 (Christmas), December 26, 2024 (Boxing Day) and January 1, 2025 (New Years Day). Centre will be closed at 4pm on December 24, 2024 and December 31, 2024 Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

- There will be no gym programs between 8am and 6pm on December 27 & 30 due to Holiday Camps on site.