



**Centre Name: Central Memorial**  
**Address: 93 West Avenue South**  
**Phone: 905-546-3747**

**For real time program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



<b>GYM SCHEDULE – WINTER 2025 – January 6, 2025 – April 6, 2025</b>						
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Pickleball</b> (18+) 10:00am-1:00pm	<b>Open Gym</b> (Family) 9:45-11:15am	<b>Basketball</b> (18+) 10:30am-12:30pm	<b>Basketball</b> (18+) 11:30am-1:30pm	<b>Pickleball</b> (18+) 10:30am-1:30pm	<b>Basketball</b> (18+) 9:00-11:00am	<b>Pickleball</b> (18+) 11:30am-2:30pm
<b>Volleyball</b> (16+) 4:45-6:45pm	<b>Basketball</b> (18+) 11:30am-1:30pm	<b>Basketball</b> (18+) 5:00-7:00pm	<b>Games &amp; Activity Time</b> (55+) 5:15-7:15pm		<b>Open Gym</b> (Family) 11:15am-12:15pm	
<b>Volleyball</b> (16+) 7:00-9:00pm	<b>Bridge</b> (55+) 12:00-4:00pm	<b>Soccer</b> (18+) 7:30-9:00pm	<b>Volleyball</b> (18+) 5:15-7:15pm		<b>Bridge</b> (55+) 12:00-4:00pm	
	<b>Badminton</b> (16+) 5:00-8:00pm				<b>Badminton</b> (16+) 12:30-2:00pm	

**NOTES: Centre will be closed on February 17, 2025 (Family Day)**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.