



Name: Huntington Park Recreation Centre
Address: 305 South Bend Rd. E.
Phone: 905-546-3747

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – WINTER 2025 – January 6, 2025 – April 6, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Waterfit	7:15-8:00pm	10:45-11:30am		11:00-11:45am			11:30-12:15pm
Open Swim 55+	1:30-2:30pm		10:30-11:45am		1:30-2:30pm		
Open Swim 18+ (Shared with Length Swim)	8:00-9:00pm	8:15-9:15pm	7:30-8:30pm	8:15-9:15pm	6:45-8:00pm	12:15-1:45pm	12:30-1:30pm
Open Swim Parent & Tot		9:00-10:00am		9:00-10:00am	10:30-11:45am		
Open Swim (*Shared with Lengths Swim)	12:00-1:30pm*	7:30-9:00am* 12:00-1:30pm* 7:00-8:00pm	12:00-1:30pm*	7:30-9:00am* 12:00-1:30pm* 7:00-8:00pm	12:00-1:30pm* 5:00-6:30pm (FREE)	2:00-4:00pm	1:45-2:45pm
Open Swim (Adapted)	10:45-11:45am		9:30-10:30am		9:15-10:15am		3:00-4:00pm (FREE on Jan. 19, Feb. 16, Mar. 16)
Lengths Swim	12:00-1:30pm 8:00-9:00pm	7:30-10:00am 12:00-1:30pm 8:15-9:15pm	12:00-1:30pm 7:30-8:30pm	7:30-10:00am 12:00-1:30pm 8:15-9:15pm	12:00-1:30pm 6:45-8:00pm	12:15-1:45pm	12:30-1:30pm

NOTES: Centre will be Closed on February 17, 2025 (Family Day)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>