



**Centre Name:** Main Hess Seniors Activity Club  
**Address:** 200 Jackson St, Hamilton  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/recreation55](http://hamilton.ca/recreation55)



OLDER ADULT (55+) SCHEDULE – WINTER 2025 – January 6, 2025 – April 6, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Railroad Euchre</b> \$1.00 (Main Room) Starting January 14 5:00-8:00pm	<b>Social Time</b> FREE (Main Room) 1:30-3:30pm	<b>Stretch Your Mind</b> (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	<b>Friday Night Dinners</b> \$6.00 (Main Room) Starting January 17 3:00-5:00pm	<b>Bingo</b> \$0.25 a card (Main Room) Starting January 18 6:00-9:00 pm	<b>Closed</b>
<b>KWANIS Bingo</b> (Main Room) 6:00-9:00pm	<b>Mandarin Social</b> FREE 3:00-6:00pm 181 Jackson St- Kitchen			<b>Railroad Euchre</b> \$1.00 (Main Room) Starting January 17 5:30-8:30pm		

**NOTES:** Main Hess Seniors’ Activity Club is within a City Housing Hamilton Apartment Building

- Friday night dinner menu can be found onsite (bulletin board outside of room at 200 Jackson St)
- Food Markets have been put on hold until further notice

*Funded in partnership with the Ministry  
 for Seniors and Accessibility*

