



Name: Westmount Recreation Centre
 Address: 35 Lynbrook Drive
 Phone: 905-546-3747

For real time program info scan
 the QR code or visit:
hamilton.ca/DropIn



FAMILY DAY SCHEDULE (Monday February 17, 2025)	
SWIMMING	GYM
Open Swim Parent and Tot 11:00am – 12:00pm	Open Gym Parent and Tot 11:00am – 1:00pm
Length Swim 11:00am – 1:15pm	Open Gym Family 11:00am – 1:00pm
Open Swim 18+ 12:00 – 1:15pm	Game and Activity Time Family – 11:00am – 3:00pm
Open Swim with Waterslide 1:30 – 3:00pm	Open Gym 1:15 – 3:00pm

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>

