



Centre Name: Huntington Park Recreation Centre
Address: 87 Brentwood Dr. Hamilton
Phone: 905-546-3747

**For real time
 program info:**
 hamilton.ca/gym



GYM SCHEDULE – WINTER 2025 – January 6, 2025 – April 6, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym -Baseball (Adapted) 10:00am–11:30am	Pickleball (18+) 9:00am-1:00pm	Pickleball (18+) 9:00am-1:00pm	Badminton (18+) 9:00am-12:00pm	Open Gym (Family) 10:00am-11:30am	Open Gym (Family) 12:00-1:30pm	Open Gym (Family) 11:00am-12:15pm
Open Gym (Family) 4:30pm–6:30pm	Volleyball (55+) 1:30pm-3:30pm	Volleyball (55+) 1:30pm-3:30pm		Open Gym (Family) 3:30pm-5:30pm	Badminton (18+) 1:45pm-3:15pm	Basketball (18+) 12:30pm-2:30pm
	Youth Room (12-17) 3:00pm-5:00pm			Open Gym (13-17) 6:00pm-8:00pm	Basketball (13-17) 3:30pm-4:30pm	*Open Gym (Adapted) 3:00-5:00pm *In Partnership with All Abilities Allstar*
	Badminton (18+) 7:00pm-9:00pm			Youth Room (12-17) 6:00pm-8:00pm		

NOTES: Centre will be Closed on February 17, 2025 (Family Day)

Centre will be on a modified schedule From March 10-16, 2025 (March Break)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

* Sunday’s Adapted Gyms at Huntington is FREE in partnership with All Abilities Allstars. Participants must register with All Abilities Allstars either online (<https://allabilities.me/registration-2/>) or in person at Huntington Recreation Center.

Gym programs cancelled between 8am-6pm on Friday February 28, 2024.