



Centre Name: Hill Park Recreation Centre
Address: 305 South Bend Road East
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – MARCH BREAK 2025 – MARCH 10, 2025 – March 16, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (13-17) 8:00-9:00pm		Badminton (Family) 6:00-7:00pm	Badminton (18+) 7:45-8:45pm	Open Gym (Family) 6:00-7:15pm	Open Gym (All Ages) 9:30-11:30am	
		Badminton (18+) 7:15-9:00pm		Open Gym (13-17yrs) 7:30-9:00pm	Open Gym (Family) 11:45am-1:30pm	

NOTES:

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.