



**Centre Name: Bennetto Community Centre**  
**Address: 450 Hughson St. N.**  
**Phone: 905-546-4944**

**For real time program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



<b>GYM SCHEDULE – SPRING 2025 – April 7, 2025 – June 29, 2025</b>						
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Cardio, Balance &amp; Strength</b> (55+) 10:00am – 11:00am <b>*\$3.05 per visit</b>	<b>Open Gym</b> (Parent & Tot) 10:30am – 12:00pm	<b>**School Gym - FREE</b> (Bennetto School students only) 1:15-1:45pm	<b>Open Gym</b> (Parent & Tot) 10:30am – 12:00pm	<b>Cardio, Balance &amp; Strength</b> (55+) 10:00am – 11:00am <b>*\$3.05 per visit</b>	<b>Open Gym - FREE</b> <b>(Family)</b> <b>12:00pm – 1:30pm</b>	
<b>Open Gym</b> (Family) 5:00pm – 6:30pm		<b>Basketball</b> (18+) 7:30pm-9:00pm	<b>Pickleball</b> (18+) 12:30pm – 2:30pm	<b>**School Gym - FREE</b> (Bennetto School students only) 1:15-1:45pm	<b>Pickleball</b> (18+) 1:45pm – 3:45pm	
<b>Volleyball</b> (18+) 6:45pm – 8:45pm			<b>Open Gym</b> (9-12 years) 5:00pm – 6:30pm	<b>Open Gym</b> (13-17 years) 5:15pm – 6:45pm		
			<b>Pickleball</b> (18+) 6:45pm – 8:45pm	<b>Volleyball</b> (18+) 7:00pm -8:30pm		

**NOTES: Centre will be Closed on April 18, 2025 (Good Friday), April 21, 2025 (Easter Monday) and Monday May 19, 2025 (Victoria Day)**  
 Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

\*Price subject to change

\*\* Only operates when school is in session