



Centre Name: Central Memorial Recreation Centre
Address: 93 West Avenue South
Phone: 905-546-3747

For real time program info:
hamilton.ca/gym



NOTES: Centre will be Closed on
2025 (Good Friday), April 21,

April 18,
2025 (Easter Monday) and Monday

GYM SCHEDULE – SPRING 2025 – April 7, 2025 – June 29, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pickleball (18+) 10:00am-1:00pm	Basketball (18+) 11:30am-1:30pm	Basketball (18+) 10:30am-12:30pm	Basketball (18+) 11:30am-1:30pm	Pickleball (18+) 10:30am-1:30pm	Basketball (18+) 9:00-11:00am	Pickleball (18+) 11:30am-2:30pm
Volleyball (16+) 4:45-6:45pm	Bridge (55+) 12:00-4:00pm	Basketball (18+) 5:00-7:00pm	Volleyball (16+) 4:45-6:45pm		Open Gym (Family) 11:15am-12:15pm	
Volleyball (16+) 7:00-9:00pm	Badminton (16+) 5:00-8:00pm	Soccer (18+) 7:30-9:00pm	Games & Activity Time (55+) 5:15-7:15pm		Bridge (55+) 12:00-4:00pm	
			Volleyball (16+) 7:00-9:00pm		Badminton (16+) 12:30-2:00pm	

May 19, 2025 (Victoria Day)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.