



**Centre Name: Hill Park Recreation Centre**  
**Address: 305 South Bend Road East**  
**Phone: 905-546-3747**

**For real time  
 program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



<b>GYM SCHEDULE – SPRING 2025 – April 7, 2025 – June 14, 2025</b>						
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Open Gym</b> (13-17) 8:00pm-9:00pm		<b>Badminton</b> (Family) 6:00pm-7:00pm	<b>Badminton</b> (18+) 7:45pm-8:45pm	<b>Open Gym</b> (Family) 6:00pm-7:15pm	<b>Open Gym</b> (all ages) 9:30am-11:30am	
		<b>Badminton</b> (18+) 7:15pm-9:00pm		<b>Open Gym</b> (13-17) 7:30pm-9:00pm	<b>Open Gym</b> (Family) 11:45am-1:30pm	

**NOTES: Centre will be Closed on April 18, 2025 (Good Friday), April 21, 2025 (Easter Monday) and Monday May 19, 2025 (Victoria Day)**

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

Please note that the last day of Gym Drop In Program is Saturday June 14, 2025.