



Centre Name: Main Hess Seniors Activity Club
Address: 200 Jackson St W, Hamilton
(Located in a City Housing Apartment Building)
Phone: 905-546-3747

For real time program info:
hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE – SPRING 2025 – April 7, 2025 – June 29, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Railroad Euchre \$1.00 (Main Room) Starting January 14 5:00-8:00pm	Social Time FREE (Main Room) 1:30-3:30pm	Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Friday Night Dinners \$6.00 (Main Room) 3:00-5:00pm	Bingo \$0.25 a card (Main Room) 6:00-9:00 pm	Closed
KWANIS Bingo (Main Room) 6:00-9:00pm	Mandarin (Chinese) Social FREE 3:00-6:00pm 181 Jackson St- Kitchen			Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm		

NOTES: Main Hess Seniors’ Activity Club is within a City Housing Hamilton Apartment Building (buzz 100 to be let in)

- Friday night dinner menu can be found onsite (bulletin board outside of room at 200 Jackson St)

Funded in partnership with the Ministry for Seniors and Accessibility

