



Name: Westmount Recreation Centre
Address: 35 Lynbrook Dr.
Phone: 905-546-3747

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – SPRING 2025 – April 7, 2025 – June 29, 2025							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Length Swim	6:30-1:45pm 8:00-9:00pm	9:00-1:00pm 7:00-9:00pm	6:30-1:45pm 8:00-9:00pm	9:00-1:00pm 7:00-9:00pm	6:30-1:45pm	11:30-2:30pm	11:30-2:30pm
Open Swim 18+ (Leisure pool only)	8:00-9:00pm		8:00-9:00pm				
Open Swim 18+ (½ big & leisure pool)	10:30-11:30am	8:00-9:00pm	10:30-11:30am	8:00-9:00pm	10:30-11:30am	1:00-2:30pm	1:00-2:30pm
Open Swim 55+ (½ big & leisure pool)	7:45-9:00am		7:45-9:00am		7:45-9:00am		
Open Swim Adapted (Leisure pool only)		1:00-2:00pm		1:00-2:00pm			
Open Swim Family (½ big & leisure pool)		7:00-8:00pm (FREE)					
Open Swim Parent & Tot (Leisure pool)	9:00-10:30am		9:00-10:30am		9:00-10:30am	11:30-1:00pm	
Open Swim (Leisure pool only)	7:00-8:00pm		7:00-8:00pm				11:30-1:00pm
Open Swim (½ big & leisure pool)	6:30-7:45am 11:30-1:00pm		6:30-7:45am 11:30-1:00pm	7:00-8:00pm	6:30-7:45am 11:30-1:00pm		
Open Swim (½ big pool only)		11:30-1:00pm		11:30-1:00pm			
Open Swim (Both pools & waterslide)					7:15-8:45pm	2:45-4:15pm	2:45-4:15pm
Waterfit	1:00-1:45pm 7:15-8:00pm	10:45-11:30am	1:00-1:45pm 7:15-8:00pm	10:45-11:30am	1:00-1:45pm	8:00-8:45am	

NOTES: Centre will be Closed on April 18, 2025 (Good Friday), April 21, 2025 (Easter Monday) and Monday May 19, 2025 (Victoria Day)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>