



**Centre Name:** Hill Park Recreation Centre  
**Address:** 305 South Bend Road East  
**Phone:** 905-546-3747

**For real time  
program info:**  
[hamilton.ca/gym](https://hamilton.ca/gym)



GYM SCHEDULE – SPRING 2025 – April 7, 2025 – June 14, 2025						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Open Gym</b> (13-17) 8:00pm-9:00pm		<b>Badminton</b> (Family) 6:00pm-7:00pm	<b>Badminton</b> (18+) 7:45pm-8:45pm	<b>Open Gym</b> (Family) 6:00pm-7:15pm	<b>Open Gym</b> (all ages) 9:30am-11:30am	
		<b>Badminton</b> (18+) 7:15pm-9:00pm		<b>Open Gym</b> (13-17) 7:30pm-9:00pm	<b>Open Gym</b> (Family) 11:45am-1:30pm	

**NOTES:** Centre will be Closed on April 18, 2025 (Good Friday), April 21, 2025 (Easter Monday) and Monday May 19, 2025 (Victoria Day)

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.

Please note that the last day of Gym Drop In Program is Saturday June 14, 2025.

Wednesday Evening Drop in programs will end June 4, 2025 due to a school event.