

Centre Name: Winona Seniors Club Address: 1239 Highway 8, Stoney Creek ON Phone: 905-546-3747 Email: recreation@hamilton.ca

For real time program info:

hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE - Spring 2025 - April 7, 2025 - June 29, 2025 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY Watercolour Painting Snooker **Restorative Yoga** Snooker **Chair Yoga** Snooker **Bid Euchre Tournament** *FULL 8:00am-12:00pm 8:45-9:45am 8:00am-12:00pm 9:30-10:30am 8:00am-12:00pm 12:30-4:00pm 9:30am-12:00pm \$2.00 \$2.50 \$2.00 \$2.50 \$2.00 **First Sunday of the month \$7.00 Darts Intermediate Line Swedish Weaving Shuffleboard Snooker **Beginner Line Dancing** Snooker 1:00-4:00pm *FULL Dancing 9:00am-12:00pm 9:30-11:30am 9:00am-12:00pm 12:30-3:00pm \$2.50 9:30-11:30am 9:00-11:30am **Excluding first Sunday of the \$2.00 \$2.50 \$2.00 \$2.50 \$2.50 \$7.50 month Тар 11:30am-12:00pm Dance Gold **4 Handed Bid Euchre** Snooker **Acrylic Painting** Crafts Baton 10:15-11:15am 1:30-4:00pm 12:00pm-3:00pm 3:15-6:00pm 9:30am-12:00pm 12:00-12:30pm \$4.00 \$2.50 \$2.00 \$5.00 \$3.50 \$2.50 **Cardio Strength Yoga** Cardio, Balance, Shuffleboard Snooker 4 Handed Bid Euchre **Themed Social** *Starts April 30 Strength 12:30 - 3:00pm 12:00-3:00pm 7:00-9:00pm **Last Saturday of 2:00-3:00PM 4:30-5:30pm \$2.50 \$2.00 \$2.50 the Month \$2.50 \$2.50 Тар **4 Handed Bid Euchre** 6 Handed Bid Euchre **Contract Bridge** 5:15-5:45pm 7:00-9:00pm 7:00-9:30pm 12:30-4:00pm Baton \$2.50 \$2.50 \$2.00 5:45-6:15pm \$2.50 Mixed Pool Cribbage Mixed Pool 7:00-9:00pm 6:45-9:30pm 7:00-9:00pm \$.50 \$2.50 \$.50

NOTES: To participate in any senior program, you must be a paid member of the Winona Seniors Club. Membership fee is \$6.00 per year. .50 from each drop-in fee goes to Winona Seniors Club. Funded in partnership with the Ministry for Seniors and Accessibility

For more information contact City of Hamilton, Recreation general information line at 905-546-3747.

