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For real time program info:
hamilton.ca/swimming



and

SWIMMING SCHEDULE – SPRING 2024 – APRIL 1, 2024 – JUNE 30, 2024							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths Swim	7:45-9:00pm (3 Lanes)	7:30-9:00 am (3 lanes) 10:15-12:45 pm 8:00-9:00 pm (3 Lanes)		7:30-9:00 am (3 lanes) 10:15-12:45 pm 7:30-9:00pm (3 Lanes)			
Open Swim (Both Pools) (Warm pool raised)	4:45-5:45 pm		7:00- 8:00 pm		10:00-11:00am	12:30-1:30 pm	1:00-2:00 pm
Open Swim 18+ (Both Pools)	11:00-12:45pm 7:45-9:00pm	7:30-9:00 am 8:00-9:00 pm	11:45-12:45pm 8:00-9:00 pm	7:30-9:00 am 7:30-9:00 pm	11:45-12:45pm		
Open Swim 55+ (Both Pools)						11:30-12:30 pm	12:00-1:00 pm
Open swim Parent and Tot (Both pools)	9:00 - 10:00 am						
Water Fit	10:15 -11:00 am		11:00-11:45 am		11:00-11:45 am		

NOTES: Facility will be closed May 20, 2024 (Victoria Day)

Pool will be closed June 11-23, 2024

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>